



**Parish of Sacred Heart Catholic Church, Goudhurst and  
St Barnabas Catholic Church, Hawkhurst, Kent**

Contact: The Presbytery, Beresford Road, Goudhurst, Kent TN17 1DN

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Livestreaming : [Kentchurches.com](http://Kentchurches.com)

Website: <https://rcgh.hubb.church>

Facebook: <https://www.facebook.com/rcgoudhurst>

Priest in Charge : Fr Ethelbert Ukpabi

Parish Secretary: Lizzi Payne

Office Hours: Tuesday to Friday – 10:30am – 2:00pm

Parish Closed every Monday

Registered Incorporated Charity Number 1173050

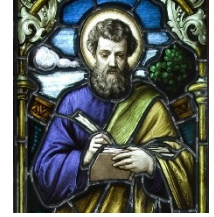


**ADORATION OF THE BLESSED SACRAMENT**

**WEDNESDAY, FRIDAY 9:00am – 9:30am**

**SACRAMENT OF RECONCILIATION**

**SATURDAY 4:30pm before Mass**



**THE MOST HOLY BODY AND BLOOD OF CHRIST (CORPUS CHRISTI) (B)**

**WEEK COMMENCING SUNDAY 2<sup>nd</sup> JUNE 2024**

**TODAY'S READINGS**

<b>First Reading:</b>	Exodus 24:3-8
<b>Responsorial Psalm:</b>	Psalm 115:12-13, 15-18 Response: The cup of salvation I will raise; I will call on the Lord's name.
<b>Second Reading:</b>	Hebrews 9: 11-15
<b>Gospel Acclamation:</b>	Alleluia, Alleluia! I am the living bread which has come down from heaven, says the Lord. Anyone who eats this bread will live for ever. Alleluia!
<b>Gospel:</b>	Mark 14: 12-16,22-26

**THE MOST HOLY BODY AND BLOOD OF CHRIST (CORPUS CHRISTI) (B)**

<b>Saturday 1<sup>st</sup> June</b> 5:30pm	<b>Sacred Heart, Goudhurst</b>	The Most Holy Body and Blood of Christ, Solemnity Holy Mass	Missa Pro Populo
<b>Sunday 2<sup>nd</sup></b> 8:30am	<b>St Barnabas, Hawkhurst</b>	The Most Holy Body and Blood of Christ, Solemnity Holy Mass	John Scrowston RIP
<b>Sunday 2<sup>nd</sup></b> 10:30am	<b>Sacred Heart, Goudhurst</b>	The Most Holy Body and Blood of Christ, Solemnity Holy Mass (See below for order of service.)	The Ukpabi Family
<b>Monday 3<sup>rd</sup></b>	<b>FATHER'S DAY OFF</b>	<b>Saint Charles Lwanga and Companions, Martyrs Memorial.</b>	
<b>Tuesday 4<sup>th</sup></b> 6.00pm	<b>Sacred Heart, Goudhurst</b>	Holy Mass – Feria	Nigel Payne RIP
<b>Wednesday 5<sup>th</sup></b> 9.00am 9:30am	<b>Sacred Heart, Goudhurst</b>	St Boniface, Bishop and Martyr, Memorial. Exposition of the Blessed Sacrament Holy Mass –Feria	Bimbo Odumosu, Healing
<b>Thurs 6<sup>th</sup></b>		NO MASS	
<b>Friday 7<sup>th</sup></b> 6.00pm 6.45pm 7.00pm	<b>Sacred Heart, Goudhurst</b>	<b>The Most Sacred Heart of Jesus Parish Patron Feast Day</b> Exposition of the Blessed Sacrament Benediction Holy Mass	Adrian & Chioma Ukpabi and family - Thanksgiving Patrick Choo Choy RIP

10.30am	Holy Mass – <b>Solemnity of the Body and Blood of Christ (Corpus Christi) 2024</b>
11.30am	After the post Communion prayer and announcements, the priest puts on the humeral veil and enthrones the monstrance with the Blessed Sacrament on the altar. - Exposition of the Blessed Sacrament, (Hymn no 554), O Salutaris - The Priest carries the blessed Sacrament on procession inside the Church while the congregation sings hymn no 593, Pange Lingua - As soon as the procession returns to the sanctuary and the priest places the monstrance on the throne on the altar, kneels in front at the foot of the altar and leads in the Litany of the Blessed Sacrament and then Tantum ergo.
11.45am	Benediction
11.50am	Recessional Hymn no 593, Sweet Sacrament Divine.

## REFLECTION OF THE MOST HOLY BODY AND BLOOD OF CHRIST (B) 2024

Jesus said to his disciples, "Unless you eat the flesh of the Son of man and drink his blood, you have no life in you....My flesh is real food, and my blood is real drink." (Jn 6: 53ff) At the last supper with his apostles, Jesus took bread, blessed it and gave them saying, 'take and eat, this is my body.' In the same way after supper, he took the cup filled with wine, blessed it, and gave thanks. He gave it those at table with him saying, 'take this and drink. This is the cup of my blood. (Mt 26: 26-30) The Church in obedience to the command 'Do this in memory of me,' (Lk 22: 19) has continued to celebrate the Eucharist since it was first celebrated by Jesus.

After the resurrection, the disciples continued to celebrate the Eucharist. (Lk 24: 30) St Paul who was not at the Last Supper confirmed this when he said in 1Cor 11: 23 -25, "This is the tradition I received that on the night he was betrayed, Jesus took bread and when he had given thanks, he broke it, and said, Take, eat: this is my body, which is broken for you: do this in remembrance of me...." He did the same with the cup of wine changing it into his blood. St Paul continued, "For as you eat this bread, and drink this cup, you proclaim the Lord's death till he comes." (1Cor 11: 26)

According to the Catechism of the Catholic Church, "At the Last Supper, on the night he was betrayed, our saviour instituted the Eucharistic sacrifice of his Body and Blood. This he did in order to perpetuate the sacrifice of the cross throughout the ages until he should come again, and so to entrust to his beloved Spouse, the Church, a memorial of his death and resurrection: a sacrament of love, a sign of unity, a bond of charity, a Paschal banquet 'in which Christ is consumed, the mind is filled with grace, and a pledge of future glory is given to us.'" (Par, 1323). The Eucharist is "the source and summit of the Christian life." (Par, 1324)

Here are the sayings of some saints on the Holy Eucharist, St Maximillian Kolbe said, "God dwells in our midst, in the Blessed Sacrament of the altar." St Teresa of Calcutta, "Jesus has made himself the bread of life to give us life. Night and day, he is there. If you really want to grow in love, come back to the Eucharist, come back to that adoration." St Maria Faustina, "The courage and strength that are in me are not of me, but of him who lives in me-it is the Eucharist." St Padre Pio said, "Always remain close to the church, because it alone can give you true peace, since it alone possesses Jesus in the Blessed Sacrament, the true Prince of peace." Blessed Carlo Acutis, "The Eucharist is my highway to heaven."

Jesus in the Blessed Sacrament is our Saviour, and our bread of life. Love him, thank him, revere him, go to him. As you go to Jesus in the Holy Eucharist, may he satisfy your hunger and quench your thirst. May you not go away empty handed. May the Holy Eucharist, the true body and blood of Jesus, the food of angels, give you strength, life, healing and hope. Amen.

### ANNIVERSARIES

Please pray for the repose of the Souls of **Paul Przybylski, Victor Edward King, Ralph Ryan, Charles Warr, Gerald Samuels, Betty Moss, Irene Therese Culshaw, Michael Curtin, Denise Brooks.** *Eternal rest grant unto them, O Lord and let perpetual light shine upon them. May they rest in Peace.*

Please continue to keep in your daily prayers the sick of our Parish family, Catherine Nixon

#### The Miracle of Lanciano

In about the 700<sup>th</sup> year of Our Lord, in a monastery, a priest of the order of St Basil was celebrating the Holy Sacrifice of the Mass. He had been suffering from recurring doubts concerning the mystery of transubstantiation (The changing of the bread and wine into the Body and Blood of Christ). After he spoke the solemn words of consecration the host was suddenly changed into a circle of flesh and the wine transformed into blood.

Many verifications of this miracle have been performed over the past 1,200 years, but the most convincing was made in November of 1970. This miracle underwent scientific scrutiny and the conclusions were presented on March 4<sup>th</sup>, 1971 in detailed medical and scientific terminology. The microscopic studies ascertained and documented these facts:

The flesh was identified as striated muscular tissue of the myocardium (heart wall) having no trace whatsoever of materials or agents used to preserve the flesh from decay. Both the flesh and blood were found to be of human origin. The flesh and blood were found to belong to the same blood type, AB. The relics may be seen today in the Church of St. Francis, Lanciano, Italy.

### ANNOUNCEMENTS

- 1. The Most Sacred Heart of Jesus, our Parish Patron Feast Day** is on **Friday 7<sup>th</sup> June. Mass at 7.00pm.**
- Archbishop John warmly invites you to join him as he leads the Southwark Archdiocesan Lourdes Pilgrimage, from 23<sup>rd</sup> to 30<sup>th</sup> August 2024. [rcaos.org.uk](http://rcaos.org.uk). Experience the unique spirituality of Lourdes, along with people from parishes around the Archdiocese.
- Fundraising stall at Goudhurst Fete **SATURDAY 8<sup>TH</sup> JUNE STARTING AT 12.00 UNTIL 4.00PM.** There will be a cake and produce stall at the Fete and we really need cakes, biscuits, bread, jams, chutney, flowers, plants or any homemade/grown produce. Please leave any produce at The Presbytery, Beresford Road, Goudhurst on Friday 7<sup>th</sup> June between 3.30pm and 5.30pm and Saturday 8<sup>th</sup> June between 09.00am and 11.00am. If you are unable to donate any of these items, please come along and support our stall. It is always a lovely afternoon out. For further details please email or call Teresa Dobing: [teresadobing@btinternet.com](mailto:teresadobing@btinternet.com) : 07941822758. Thank you for all the offers of help.
- We are delighted to announce that Sacred Heart Church, Goudhurst will resume serving teas/coffees after the 10.30am Mass on the first Sunday of every month starting on 2<sup>nd</sup> June. Volunteers please contact Helen McKenna. St Barnabas will continue to serve teas/coffees on first Sunday of every month as usual.